



*Live Well*

BROWARD COLLEGE

**CONNECTION BEYOND THE STIGMA:  
BROWARD COLLEGE'S  
SECOND ANNUAL MENTAL HEALTH SYMPOSIUM**

**WORLD MENTAL HEALTH DAY**

**OCTOBER 10, 2024**

**8:00- 3:30 pm**

**BAILEY HALL, CENTRAL CAMPUS**

**KEYNOTE SPEAKER: 9 am - 10 am**

**Creating Socially Connected Organizations**

Dr. Julie Radlauer-Doerfler, DrPH, LMHC

**collectively**

*a Radlauer Venture*

**[Click here to register!](#)**

**Agenda**

**10:15-11:00**

NAMI- In Our Own Voice

Dr. Felix Padron- Why We Get Angry and What To Do About It

**11:00-11:45**

Family Therapy Broward- Managing Academic Pressures and Stress

Hans Dorval & Owen Blake- Strength in Connection and Discipline: Enhancing Mental Health for Young Men and Men in Society

**11:45-1:30**

Lunch, Networking, Vendors, Quiet room

**1:30-2:15**

Accessibility Resources- How to Work With Neurodiverse Populations

The Bougainvillea House- Empowering Youth: Navigating Mental Health and Substance Use Challenge

**2:30-3:30**

Closing- Spoken Word, Discussion and Drawing

**9:00-3:30 3/106**

Zen Den/Quiet Room

**Organized by: Mental Health Symposium committee**

**[www.broward.edu/mentalhealth](http://www.broward.edu/mentalhealth)**

**[WWW.BROWARD.EDU/MENTALHEALTH](http://WWW.BROWARD.EDU/MENTALHEALTH)**